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2025 CLASSES - GENERAL GYM

GENERAL GYM PROGRAM (5-12 year olds)

General Gym is a 55 minute per week class for boys and girls. General gym gives a solid base of skills and physical preparation to move through the Eclipse programs, and will also enhance any sport in which a child participates. The General Gym program unitises all equipment including bars, beams, trampolines and foam pit, and teaches skill such as handstands, cartwheels, swings, safe landings along with various locomotor activities on beam. General Gym is suitable for primary school aged children.

UNIFORM REQUIREMENTS

There is no set uniform at this level, but children need to wear clothing suitable for gymnastics activities. Shorts/leggings and T-shirt, or a leotard is perfect. The class is done in bare feet. All gymnasts must bring a named drink bottle to class (water only).

TUITION FEES

Fees are charged per annum from the date of your first class through to December 20th, and are paid via monthly direct debit from your nominated credit card on the 15th of every month. Fees are paid slightly in advance each month and there is no December payment. You can cancel anytime with 14 days written notification.

REGISTRATION FEES

The registration fee is paid per calendar year and is inclusive of club registration which covers certificates, club T-shirt, equipment maintenance and administration, as well as Gymnastics Victoria registration which includes accident insurance.

2025 DATES

Classes run from Monday, January 20th through to Saturday, December 20th. All classes run as normal during the April, June and September/October school holidays. Classes do not run on public holidays and are not charged for. Affected monthly payments are reduced accordingly.

2025 class times			
GENERAL GYM - 55 minutes per week			
Age group	Class times	Tuition fees	Annual registration fees
Primary school age	Monday 4.00-4.55pm Tuesday 4.00-4.55pm, 5.05-6.00pm Wednesday & Thursday 4.00-4.55pm, 5.35-6.30pm Friday 4.00-4.55pm, 5.10-6.05pm Saturday 9.00-9.55am, 10.10-11.05am, 11.15am-12.10pm	Monthly fee: \$116.73 <i>(11 payments from Jan-Nov)</i>	\$90.00 per child <i>(Pro-rata and family discounts apply)</i>
<ul style="list-style-type: none"> • All classes will run as normal through the April, June and September holidays making a total of 48 weeks of classes less public holidays. • Classes do not run on public holidays and are not charged for. • Fees are paid via monthly direct debit on the 15th of each month from January to November inclusive. • Fees are paid in advance so the first payment is January 15th and there is no December payment to be made. • Your monthly payment will be reduced in a month where a public holiday falls on the day of your child's class. • You can choose to pay your annual fees in full and receive a 5% discount. See reception staff if you wish to do this. • There are family discounts so please see reception staff if you are enrolling more than one child. 			