

## EVENTS NEWSLETTER

What's Happening at



August/September/October 2017



Remember to follow us on **Facebook** and **Instagram** for event updates, results, competitions, photos, videos and lots of fun stuff!

**Facebook:** [eclipsegymnasticsringwood](#)

**Instagram:** [eclipse\\_gymnastics](#)

# ECLIPSE MERCHANDISE

Check out our range of Eclipse merchandise at reception!



Don't have your size in stock? Leotard and crop top orders are placed on the first of every month so if we don't have your child's size, place an order at reception and it won't be far away!

See reception for try on sizes. **2nd hand uniforms also available, please ask reception.**



Book your child's party in August for anytime in 2017 to receive a 20% discount!  
Offer ends August 31st, 2017.

**CELEBRATE AT ECLIPSE**

**BIRTHDAY PARTIES FOR CHILDREN  
AGED 5 - 12 YEARS**

FOAM PIT, TRAMPOLINES, BARS, BEAMS AND MORE • EXCLUSIVE USE OF VENUE

PERSONALISED INVITATIONS & BIRTHDAY FLAG AT THE ENTRANCE

T-SHIRT AND BADGE FOR THE BIRTHDAY CHILD

PARTICIPATION CERTIFICATE, TATTOO & LOLLIPOP FOR EVERY CHILD

**PARTY BOOKINGS: 9870 4515**

Current Eclipse member? Birthday Child attends their party for free!



Development & Senior Development Program

## 2017 Club Competition & Assessment Day

Come along to see our Development Program gymnasts show off their skills in the routines they have been working on throughout the year!

# SUNDAY, SEPTEMBER 10TH

**Entries close:** Extended to Monday, August 28th

\*\* Please return entry forms with payment (\$45 per gymnast) to reception as soon as possible.  
Late entries cannot be accepted. \*\*

**Spectators welcome!**

**Door entry fee: Adult - \$5, Child - \$2, Family - \$12**

Notices have now been emailed with session times and more information.  
Please see reception or your child's coach if you have not received a notice.

## Footy Dress Up Week

Monday, September 18th - Saturday, September 23rd

With the Grand Final just around the corner, show some support for your favourite AFL Football team by wearing your jersey or dressing up in your teams colours!

Wear your teams colours for your class in the week of  
Monday, September 18th - Saturday, September 23rd.



# KIDS NIGHT IN

(or Parents night off!)

For children aged 4 - 12 years old.  
Current and new members welcome.

Parents, this one's for you! We know how hard it can be to get a night for yourself, so we are here to help. Drop the kids at Eclipse and we will keep them entertained with gymnastics activities and a movie while you have the evening all for you!

## UPCOMING DATES AND MOVIES

**SATURDAY, SEPT. 16TH**

**6 - 9PM**

Movie: Over the Hedge

Parent prize: \$50 Hunter & Barrel voucher

**\$40 for the first child | \$25 per sibling**  
\* Per session

## WHAT'S INCLUDED?

- Gymnastics activities run by qualified coaches
  - A 'G' rated movie on the big screen in the gym
  - Food pack of pizza, popcorn and lollipop
- (Your own food can be provided if your child doesn't eat pizza.  
Please provide food that doesn't require heating.)



★ ★ Receive one entry per child booked into the program, to be in the draw for the monthly **PARENT'S PRIZE!** ★

See reception, visit [bit.ly/book-kidsnight](http://bit.ly/book-kidsnight) or call 9870 4515 to book now!

\* Bookings essential \*



**ECLIPSE**  
GYMNASICS

Proudly Supporting  
**STARLIGHT**  
CHILDREN'S FOUNDATION

Join us to raise funds to help Starlight to continue to inspire the imaginations of sick children.

## Family Movie Night Fundraiser at Eclipse Gymnastics

Come along for a fun night of a gymnastics obstacle course, games and a movie that the whole family can enjoy!

**Date:** Thursday, September 28th, 2017

**Time:** Obstacle course & games running between 5pm - 6.30pm  
Movie starting at 6.45pm

**Cost:** \$10 per person \*\* Cash payments only, bookings essential \*\*  
**Please note:** Children under 2 years free. Children under 15 years must have an adult in attendance. (But we'd love the adults to join in too!)

Sausage sizzle and snacks will be available to purchase  
Limited tickets available, book at reception

[starlight.org.au](http://starlight.org.au)



**Starlight**  
children's foundation

# "FOCUS ON FUNDAMENTALS" HOLIDAY PROGRAM



## FOR CHILDREN AGED 5 - 11. BRING A FRIEND, CURRENT AND NEW MEMBERS WELCOME!

This holiday program will focus on the fundamentals of gymnastics. Skills include handstands, cartwheels, back flips, rolls, somersaults, swings on bars and skills on beam.

Gymnasts will work on improving their body and spatial awareness as well as strength and confidence which are crucial to building a solid foundation for future skill development.

The program is suitable for all ability levels and is structured to allow gymnasts to attend the full program or individual sessions.

**EACH TWO HOUR BLOCK ALSO INCLUDES LOTS OF FUN GAMES,  
OBSTACLE COURSES, FITNESS ACTIVITIES AND GROUP CHALLENGES.**

## SESSION DAYS AND TIMES

### TUESDAY, OCTOBER 3RD

SESSION 1: 10 - 12pm

SESSION 2: 1 - 3pm

### THURSDAY, OCTOBER 5TH

SESSION 3: 10 - 12pm

SESSION 4: 1 - 3pm

**\$38 per single session | \$80 for full day**

(10 - 3pm including lunch time supervision)

Children who are staying all day will be supervised in the spectator area between 12.00 and 1.00 while they have their lunch and play some board games.

\*\*Children must bring their own lunch if staying all day - no nut products.

Booking forms available at reception or call **9870 4515**  
to make a booking over the phone





# Jump Start Holiday Program

Development 1 - 5 & Senior Development 2 - 4

Jump and flip your way into Term 4!

Monday, October 2nd

12.00 - 2.00pm



GAMES  
SKILLS  
FITNESS  
FUN

Open to all gymnasts in Development 1 - 5 & Senior Development 2 - 4. Gymnasts can come along to get a **Jump Start** on skills that they will be learning in Term 4. This program is a great opportunity if two weeks away from the gym during school holidays is just too long!

**\$40 for the 2 hour session.**

Booking form attached or pick one up at reception or call 9870 4515 to make a booking over the phone

\* Refunds or credits cannot be given for missed sessions.